

# AIRLIFT Dispatch

Vol. 43, No. 10

437<sup>th</sup> Airlift Wing, Charleston AFB, SC

Friday, March 12, 2004

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Communication essential  
to good leadership

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## KICK IT UP

'No pain, no gain,' has  
new meaning for CAFB



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## MISSION POSSIBLE!

Charleston departures	3,160
Maintenance reliability	95.5%
Cargo moved (tons)	13,709
Personnel deployed	669
Reservists activated	886

(Jan. 1 - March 10, 2004)



Photo by Tech. Sgt. Andy Dunaway

## Haitian support

Airmen from the 621<sup>st</sup> Air Mobility Operations Group, McGuire AFB, N.J., offload a C-17 Globemaster III from Charleston AFB at Port-Au-Prince, Haiti, on Sunday. U.S. troops are deploying to Haiti at the request of the new President of Haiti to help promote the constitutional political process, to create conditions for the arrival of the U.N. multinational force, facilitate humanitarian assistance and secure key sites in the Haitian capital of Port-au-Prince. For more photos of Team Charleston's involvement, see page 15.

**Team Charleston: One family, one mission, one fight!**





## Recognition

We received great news from Air Mobility Command recently: **Senior Master Sgt. Michael David**, 437<sup>th</sup> Communications Squadron mission systems flight superintendent, will be honored at AMC's Outstanding Airmen of the Year banquet April 15 as a finalist for the Air Force's 12 Outstanding Airmen of the Year competition. Good luck in this next level of competition, Sergeant David. We'll be cheering for you!

Additionally, AMC announced its 2003 AMC Communications and Information Award winners, with more good news for Team Charleston. **Staff Sgt. Jeffrey Wolfe**, 1<sup>st</sup> Combat Camera Squadron, has earned the AMC Outstanding Combat Camera Award. Good work!

I also want to congratulate Charleston's newest captains, listed on page 13. It's a big step in additional responsibility and higher expectations for some of our youngest officers. Congratulations!

## Fitness

This past week we were honored to host Billy Blanks, creator of the Tae Bo workout. Thank you to all who turned out for the event; I know some of you found muscles you had forgotten about.

I'd also like to thank all of you who have signed up to support the Airlift Tanker Association golf tournament today. The event promises to be a great opportunity to unwind with friends and coworkers while raising funds to support this year's Air Expo.

With the promise of a beautiful spring day, we're hoping to break the old attendance record of 500 participants with a record turnout at this week's Commander's 5K Fun Run. There's no sign-up required — just bring your squadron colors and unit pride, and show up at 2:30 p.m. today at the Fitness and Sports Center for a 3 p.m. start.

## Coming up

We open next week with a Women's History luncheon. We welcome retired **Brig. Gen. Wilma Vaught**, president of the board of directors, Women in Military Service For America Memorial Foundation, Inc., as the guest speaker at the luncheon. Come out to honor the important role women have played in shaping our nation and our armed forces.

Next week also brings our internal Environmental Compliance Assessment and Management Program, which examines the management of hazardous materials on base. This assessment is an important part of our obligation to be good stewards of our resources and our environment, and provides valuable information for upcoming command inspections of the same nature. Please support this team's efforts throughout the week.

## Sexual Assault Assessment Team visit

A multi-functional AMC team visited this week to assess the climate and



Photo by Senior Airman Amy Perry

**Col. Wayne Schatz, 437<sup>th</sup> Airlift Wing vice commander, turns over rollers in a C-17 to prepare for a cargo load at Kirkuk AB, Iraq, during a recent trip to Southwest Asia.**

effectiveness of all existing plans, programs, policies and procedures in place to prevent assaults and to ensure adequate victim reporting and victim care resources are available. This is one piece of a broader Air Force-wide effort to do the same.

This is a subject I feel very strongly about, and one we all need to take seriously. We value every member of our team and can't get the mission done without treating everyone fairly, equitably and with respect. We will not tolerate acts of sexual assault or harassment and will prosecute violators to the full extent of the law.

As an Air Force, we need to be sensitive to the needs of victims and offer them support to get through a difficult situation; we owe that to each other as Airmen, and we owe that to

each other as one family. We must ensure we foster a climate in which people are not afraid to report the crime to authorities and their chain of command so we can immediately render appropriate assistance.

We all wear blue and we work together to get the mission done. People are our most important resource for mission accomplishment, and issues that affect our people affect our mission.

See page 6 for more information on the ongoing assessments.

## Mission

Our airlift mission has been in the spotlight again, as we surged last week when our aircraft airlifted Marines and their equipment to Haiti and our people went to support the mission on the ground there. The people of Team Charleston did a great job, supporting 39 missions to Haiti even in the midst of the continuing to support Operation Iraqi Freedom with the largest troop rotation since World War II. Everyone here — Reserve and active duty together — did a tremendous job, pulling this off in the middle of an already high operations tempo. Keep driving on, and keep doing it safely.

The Commander's Action Line is your direct link to me. It's your opportunity to make Charleston AFB a better place to live, work and play.

First, give the appropriate base agency a chance to solve the problem, but if you don't get a satisfactory answer, call me at **963-5581**, or send an e-mail to [action@charleston.af.mil](mailto:action@charleston.af.mil).

To ensure you receive a response to your concerns, please leave your name and the information needed to contact you.

## AIRLIFT Dispatch

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# IG superintendent opens lines of communication

**By Master Sgt. Edward Pinnell**  
437 AW Inspector General deputy

There are many different perceptions of what the office of the Inspector General stands for, and most are incorrect, based on rumor or hearsay.

The sole purpose of the Air Force IG program is to assist in correcting systematic, programmatic or procedural weaknesses and to ensure resources are used effectively and efficiently. This is accomplished by anyone seeing a problem and coming forward to identify it so the problem can be fixed. At least 50 percent of solving a problem is identifying it.

One of the goals of the IG is to create an atmosphere of trust in which issues can be objectively and fully resolved without the fear of retaliation or reprisal toward the individual raising the issue. To help ensure this atmosphere is present, Congress, through the IG program, has declared that no one has the right to deny you access to an IG or take action against you because you filed a complaint. The best and preferred method of solving a problem is to work to resolve it at the lowest level possible. This is done through effective communication. Ineffective communication is where at least 75 percent of my workload originates. I have found that the perception of reality of the complainant and the perception of reality of the subjects of the complaint are many times worlds apart. This lack of communication causes discontentment and a complaint usually is the result.

Part of being a true leader is being able to communicate with your troops in such a way that

## worth repeating

**"You have to choose to do the right thing and be a good leader. In doing so, you will reap the benefits."**



**Master Sgt. Edward Pinnell**  
437th Airlift Wing Inspector General deputy

they are never surprised by what comes their way. Leadership includes mentorship where you train and encourage your troops to become a better military member than you are yourself.

A good supervisor should not only know which of their troops are married but know a little something about their family. This can mean more to your troops than you could ever imagine. I have had a lot of supervisors during my 22 years in the military, but there will always be one that stands out. After being in the military just a year or so, Staff Sgt. Dave Getzel became my supervisor. Through his actions, he taught the importance of knowing who my troops are by name when I would later become a supervisor.

Every day, no matter how busy he was, he would make it a point to come to each of us and ask us how we, our wife (by name) and children were doing and also asked if there was anything we needed help with. At first I was not sure what he was up to and kind of felt like he was being a little nosy, but after a while I found that he took

a special interest in his troops. He once told me if we were having troubles outside our job we were likely to come to work distracted and would not be able to give 110 percent, and he always expected 110 percent. This built trust, commitment and loyalty in the entire section and everyone felt a very strong sense of esprit de corps.

We have all seen the results of good and poor supervisory leadership. The military gives us a great opportunity to hone our skills of leading and taking care of the mission. My father used to tell me that life is all about choices, but it's the consequences that you have to live with. I have found this applies in the many roles of being a leader. You have to choose to do the right thing and be a good leader. In doing so, you will reap the benefits. You not only have to be able to make a decision, but also be willing to discuss the issue and its effects with your troops. It will show that you have a special interest in them and will make them part of the process. That will foster an atmosphere where open communication can exist and your troops will trust you enough where they will talk to you about what is on their mind. When your troops know you care, your job as a supervisor will become much easier and a lot less stressful. If you take of your troops, your troops will take care of the mission.

What I have seen in many of the cases worked by the IG is a lack of proper, effective communication. Everyone is busy and has a job to do, but by investing just a few minutes of your day, by showing that you will really do care for those who work for you, you will bring rewards that can be life-changing.

## Charleston chat

### Who is the most influential woman in your life, and why?



**"My mother; she has always been so strong, self-confident and poised in everything she does."**

— 2nd Lt. Mandy Woodall  
437th Security Forces Squadron



**"My wife ... she's an absolute inspiration to me."**

— Staff Sgt. Douglas Berry  
437th Maintenance Squadron



**"My mother ... because of the behavioral standards she lives by and passed on to me."**

— 2nd Lt. Katherine Petren  
437th Logistics Readiness Squadron



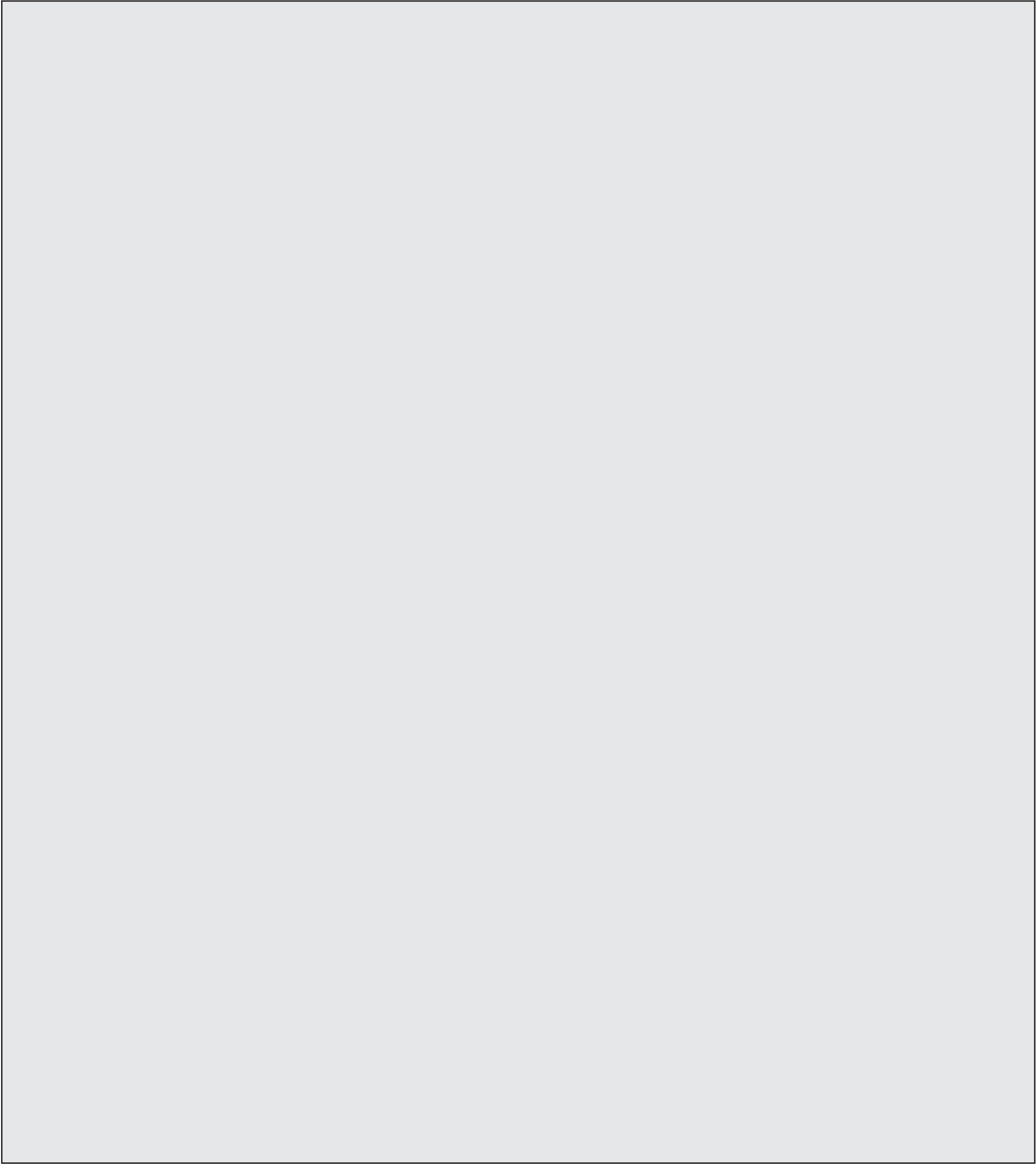
**"My mother always told me I could do or be anything I wanted to be and encouraged me to do it."**

— Chief Master Sgt. Carla Sharman  
437th Mission Support Group

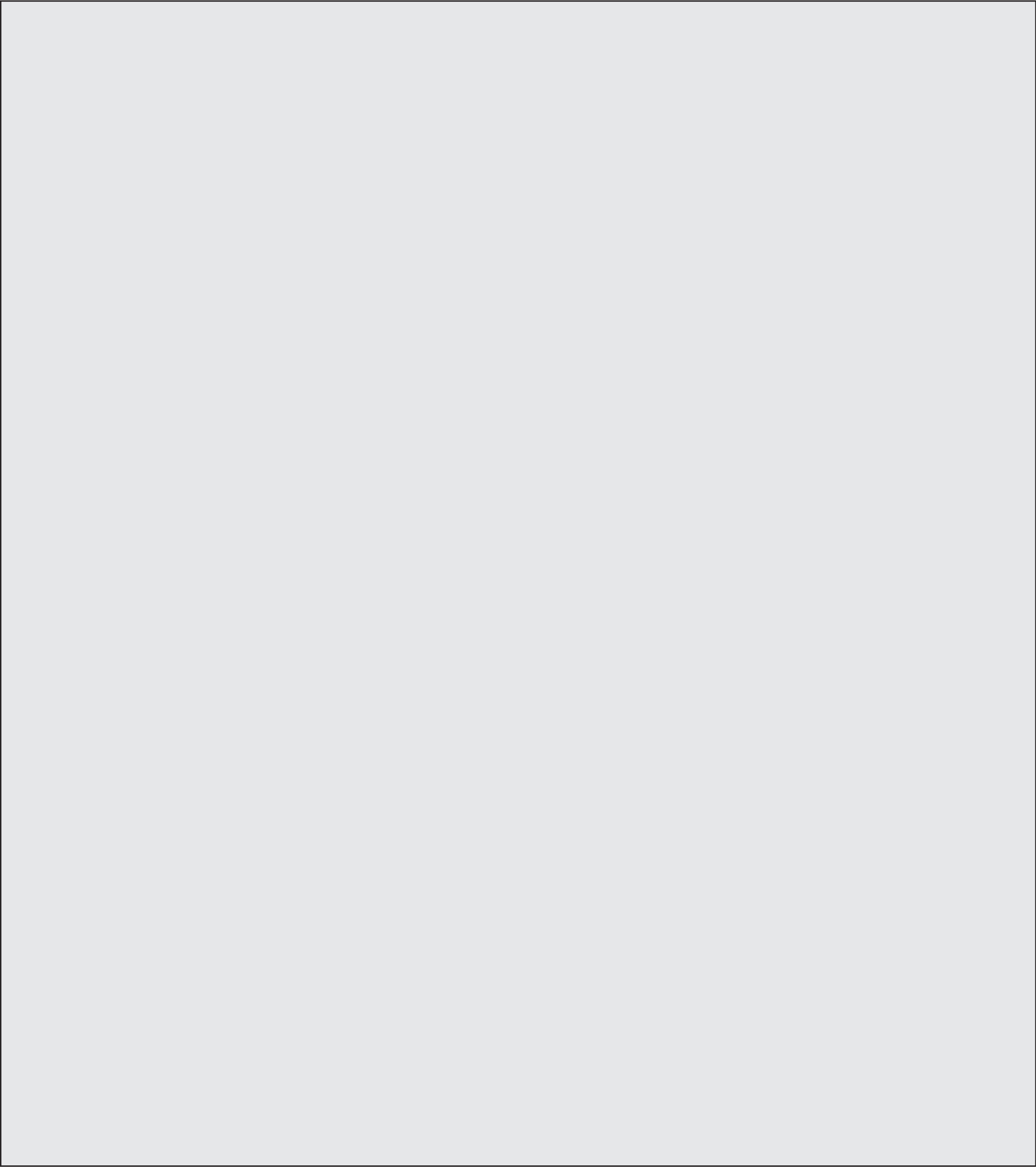


**"My mom; because of the way she raised me. She's also an Air Force officer."**

— Airman 1st Class Michael Pardini  
437th Medical Support Squadron







## 235 days and counting

# Voting reps learn ropes for election year

By Senior Airman Amy Perry  
437 AW Public Affairs

Team Charleston voting representatives learned the ins and outs of the voting world in a training session March 4.

Elaine Tucker, a Federal Voting Assistance Program analyst, trained more than 20 Charleston AFB and Marine Corps Air Station Beaufort members on proper voting procedures. FVAP gives the training during election years to more than 100 military installations all over the world.

The FVAP is important to servicemembers and their families, regardless if they are stationed overseas or at CAFB, said Ms. Tucker.

"A common misconception for servicemembers is that they think they can't vote," said Ms. Tucker. "What some people don't know is there is a procedure mandated by law to allow them to vote.

"Voting is a right the military has fought for," continued Ms. Tucker. "Military members should have a say in their government. It's their

representatives voting for their pay, benefits and retirement."

Since most military members vote by absentee vote, the workshop session was geared toward teaching the participants the correct procedures to register for absentee ballots, how to vote while deployed and what to do if ballots don't come in on time.

A Federal Post Card Application, available from unit voting assistance officers or the FVAP Web site, is the primary way for first-timers to register to vote and to request an absentee ballot. People who have already registered in their state in the past should also send in a FPCA to request an absentee ballot.

Another way to vote is by using a Federal Write-In Absentee Ballot. Team Charleston members deployed overseas can use this method if they requested a ballot through the FPCA and did not receive it in time. This ballot is also available through unit voting assistance officers.

Ms. Tucker said while military members can vote where they are stationed, such as South Carolina,



they should be aware of the ramifications from registering to vote outside of a home of record. Once someone votes in a particular state, for instance, they can be required to pay state taxes in that state.

"You should make your voter registration for the state you want to retire to, if you can," said Ms. Tucker. "If you register in South Carolina, you can't revote for your home of

record until you move back there. You want to make things better for the state you plan to retire to."

For more information or to apply for a FPCA online, go to [www.fvap.gov](http://www.fvap.gov). A special voting hotline, the Voting Information Center, is also available for servicemembers and their families to hear candidates' information or have questions answered at (800) 438-8683.

## Scholarships available

**Top Three Association:** The Top Three Association offers three \$100 education grants to enlisted in the grades of E-1 through E-6. For more information, go to <http://globemaster/top3/edu.htm>.

**Company Grade Officer Council:** The Company Grade Officer Council offers a \$500 scholarship to Air Force active duty, Guard or Reserve dependents here. Applications can be obtained at <http://globemaster/cgoc>.

**ESC Scholarship:** The Enlisted Spouses Club offers three \$1,000 scholarships for dependents of an enlisted members, commissioned officers or a retiree of any branch of the Armed Forces. For more information or apply, go to the ESC Web site at <http://www.geocities.com/charlestonsc/>.

**OSA Scholarship:** The Officers' Spouses Association offers scholarships to dependents for the 2004-2005 academic year. For more information, e-mail Michelle Abell at [michelle.abell@charleston.af.mil](mailto:michelle.abell@charleston.af.mil).

## Assessment team visits Team Charleston

In response to Air Force leadership direction to review sexual assault response programs across the Air Force, Air Mobility Command's top general directed an assessment team to visit Charleston AFB Thursday.

Gen. John Handy, commander, U.S. Transportation Command and AMC, directed three teams to visit the 12 AMC installations across the country to review the programs.

One of AMC's three assessment teams, led by Col. Chris Krisinger, reviewed sexual assault response programs at Charleston AFB.

"The teams are gathering information for the command on how sexual assault cases are reported and handled, specifically reviewing the effectiveness of our reporting procedures and programs," said Brig. Gen. Mark Zamzow, AMC Inspector General.

"This functional management review will help us identify themes we can use to further prevent sexual assaults," General Zamzow continued. "We are also looking at resources for sexual assault victims, including counseling, medical care and other services. The results of our assessment will be reported to Air Force leadership."

General Zamzow stressed the importance of sexual assault response programs.

"Sexual assault is a crime that has no place anywhere – especially in our Air Force – and will not be tolerated," said General Zamzow. "Every accusation must be fully investigated, and, when appropriate, disciplinary action will be pursued. We must and will ensure that victims receive proper care and support for as long as it's needed."

General Handy echoed General Zamzow's comments.

"Within AMC, we must insist that our organization is one where all people's rights are respected, embracing the fact that diversity is truly our greatest strength," General Handy said. "Commanders must be deeply and personally involved in solving diversity issues, specifically, we must commit ourselves to eliminating sexual assault and the climate that fosters it. Additionally, we must promote an environment where our people not only feel free to report assaults, but also know with confidence that perpetrators will be appropriately disciplined."

While the team will not review individual cases or allegations, it will spend about one and a half days at each location reviewing all policies and programs. The team will provide Air Force leadership with an open assessment of sexual assault issues, best practices, problems and challenges. **(Air Mobility Command News Service)**



# Air Force Portal; a new standard for Web access

**SCOTT AFB, Ill.** – Air Mobility Command kicked off its Air Force Portal registration campaign March 1. The two month-long campaign is a command-wide effort to have all AMC personnel register for an Air Force Portal account by April 30.

Today's Air Force Portal isn't what AMC personnel may have experienced in the past. The portal has been updated, providing a one-stop shop for many Web-enabled resources that can be tailored to personal needs and requirements.

The goal is to help Air Force people do their job better by improving the quality of information they retrieve from the Web. Recent activities to upgrade the portal's capabilities are the first steps in an effort to provide Air Force members a single point of entry for all applications, systems, and resources necessary to accomplish their jobs.

Portal users will find the most recent improvements include a robust set of tools and Web content. But to get access to the Air Force Portal, AMC personnel need to register for an account. Registration is easy. Simply click on the "Self-Registration Page" link found at <https://www.my.af.mil>, and follow the instructions.

To make the registration process as painless possible, the AMC Air Force Portal Team established campaign points of contact at the headquarters and base level. Campaign POCs will



**New capabilities to the portal include instant messaging to .mil and .com sites, access to TRICARE, Virtual MPF, and Air Force military and civilian self service Web pages, and a host of other services.**

track each unit's registration process. Commanders and supervisors are encouraged to support the registration campaign with announcements at commander's calls, all hands meetings, flight meetings, through e-mails, and other internal information venues.

The benefits of having an account are numerous. New capabilities to the portal include instant messaging to .mil and .com sites, access to TRICARE, Virtual MPF, and Air Force military

and civilian self service Web pages, and a host of other services.

Other features currently operational or in the planning stages include:

- The ability to choose the information presented at log in, including one-click access to sites and applications Air Force members use in their jobs, user-specific U.S. Air Force career and benefits information, and access to communities of interest.

- Site information that can be tailored to the needs and interests of Air Force members based on information in their personal profiles.

- A capability that allows Air Force Portal users to collaborate, share knowledge and manage projects online in a virtual workspace.

Future enhancements call for a single sign-on for password protected applications, which will eliminate the need to remember and supply multiple user IDs and passwords.

The Air Force goal is to transform the way our people do business and improve the way they work. The Air Force Portal is the key enabler to reach that goal.

Register now and experience today's Air Force Portal. For more information, call Capt. Sean Abell, 437<sup>th</sup> Communications Squadron, at 963-3492, or send an e-mail to AMC's Air Force Portal Team at [amc.afportalteam@amc.af.mil](mailto:amc.afportalteam@amc.af.mil). **(Air Mobility Command News Service)**

# DUI puts Warner Robins ex-cop on other side of law

**By Chris Zdrakas**

*Warner Robins ALC Public Affairs*

Handcuffed and scared, a 23-year-old senior airman at Robins AFB, Ga., rode in the back seat of a local Warner Robins Police Department squad car, playing over in his mind the night that abruptly changed his life.

It was Veterans' Day 2003 when Airman X, as he will be called at his request, drank, drove and crashed his truck into a stopped car at a red light.

That night police charged Airman X, a security forces member, with driving under the influence, the start of what he called a continuing, biting nightmare that haunts him every day. He stepped forward to tell his story, hoping to help someone.

"If I reach one person, retelling [the story of] that night will have been worth the effort," he said.

Home alone watching television Nov. 11, he drank three 6-ounce drinks laced with vodka before getting in his nearly new truck and taking off for a friend's home about 10 minutes away.

The circumstances of the accident are not clear in his mind, but he recalls being on a local road for about five minutes when he ran into the back of a sedan at a red light. His airbag deployed, striking him with a force he said left him disoriented.

No one in either vehicle was seriously injured. Both truck and car were heavily damaged.

Airman X and the other driver pulled off the road into an adjoining parking lot, and he went searching for a payphone. Meanwhile, the friend he had been planning to visit, concerned he had not arrived, went looking for him and came upon the accident scene.

She called the police and responding officers apparently smelled the alcohol, which they said was later confirmed in sobriety tests at the police station. Police charged him with a DUI.

Before the events of the night unfolded, Airman X had his alarm set so he would get to work his usual time, 9 a.m. At 7 a.m., his phone started ringing, but having finally

nodded off, he did not answer. An hour later, three of his supervisors were knocking on his door.

"They were mad," he said. "I began to put on my camouflage [uniform], but they said they wanted me in blues because I was going to see the commander.

"It seemed like the longest day of my life," he said. "I was tired, I had a headache, and I was filled with remorse."

He had been in the Air Force more than five years and was a senior airman when he was charged with the DUI. Because of the charge, he was demoted to airman first class, received a letter of reprimand, an unfavorable information file and an Article 15 nonjudicial punishment for tardiness (for the day after his arrest).

He also lost his base driving privileges for one year, was disqualified from testing for staff sergeant and directed to attend Alcohol and Drug Abuse Prevention and Treatment on base.

But that was not the end of his

drunk driving nightmare.

Since the DUI, in Warner Robins Municipal Court, a judge fined him \$1,400. Retaining a lawyer cost him another \$500. His parents helped him pay the initial costs, and he is paying his debt off in \$160 monthly installments.

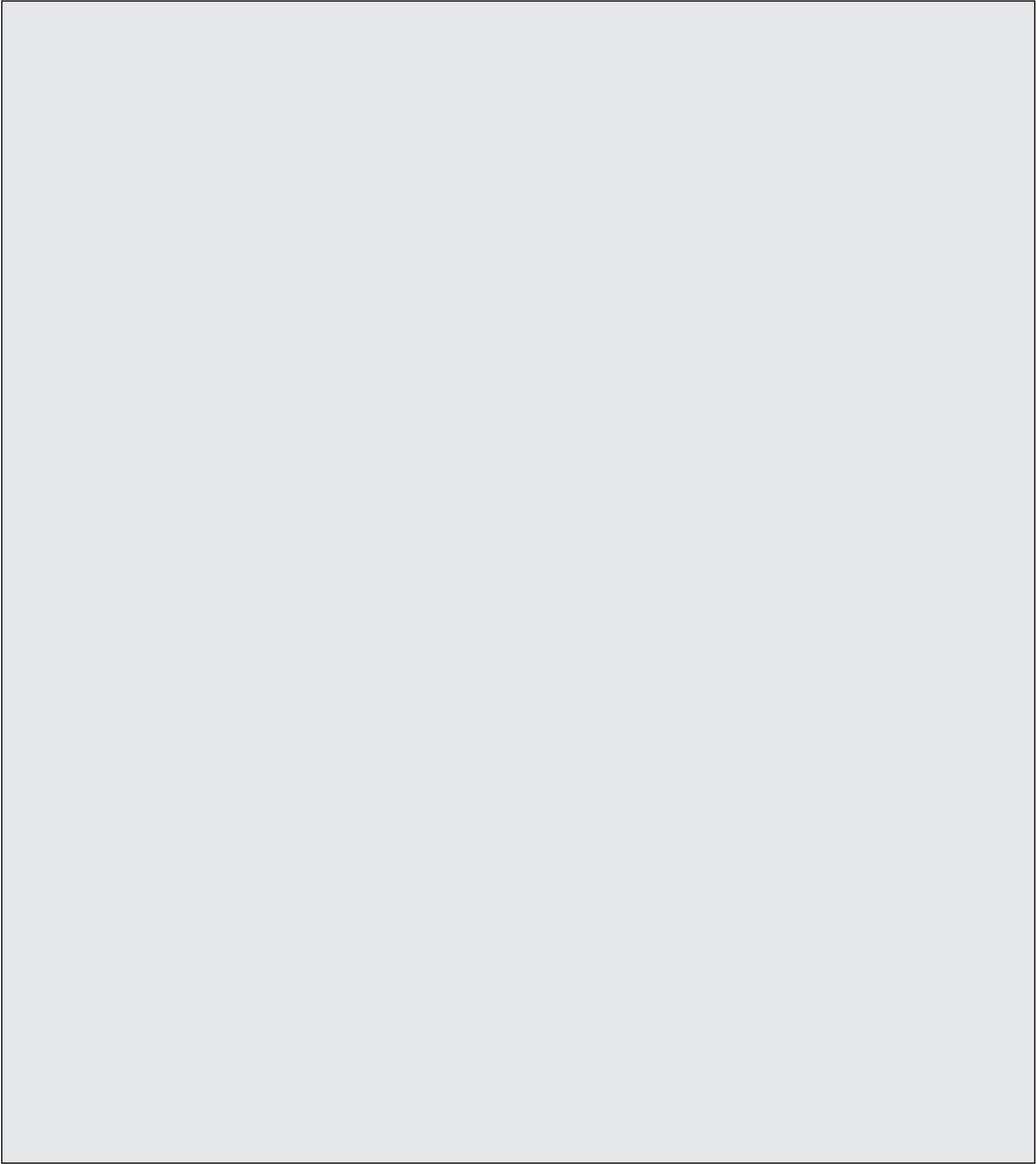
The added expense and a \$300 monthly decrease in Air Force pay meant he found himself doing without some things he had grown accustomed – cable TV, telephone and dinners out.

"Now it's just survival," he said.

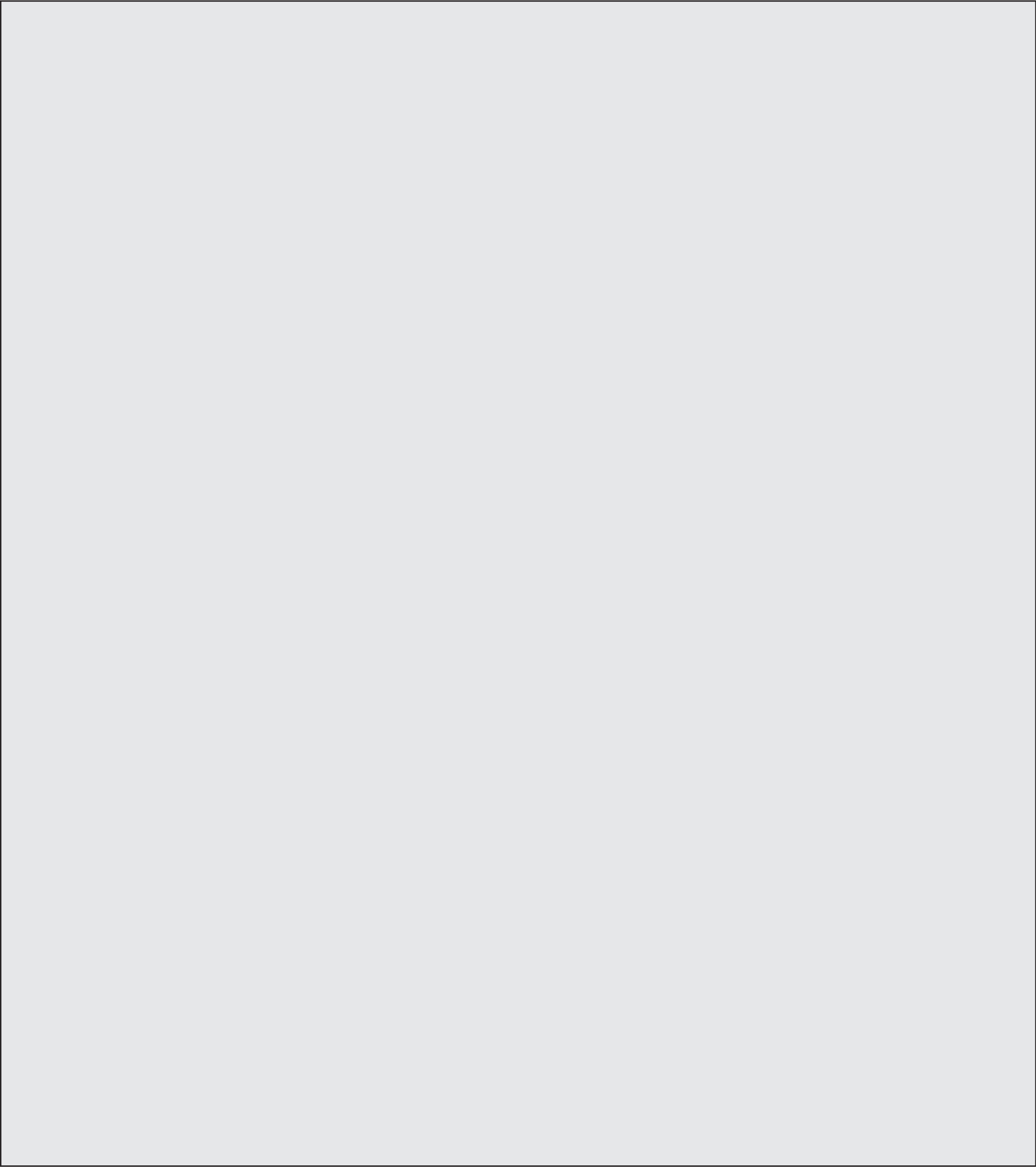
He relies on co-workers and others to drive him to and from work as well as to medical and other necessary appointments.

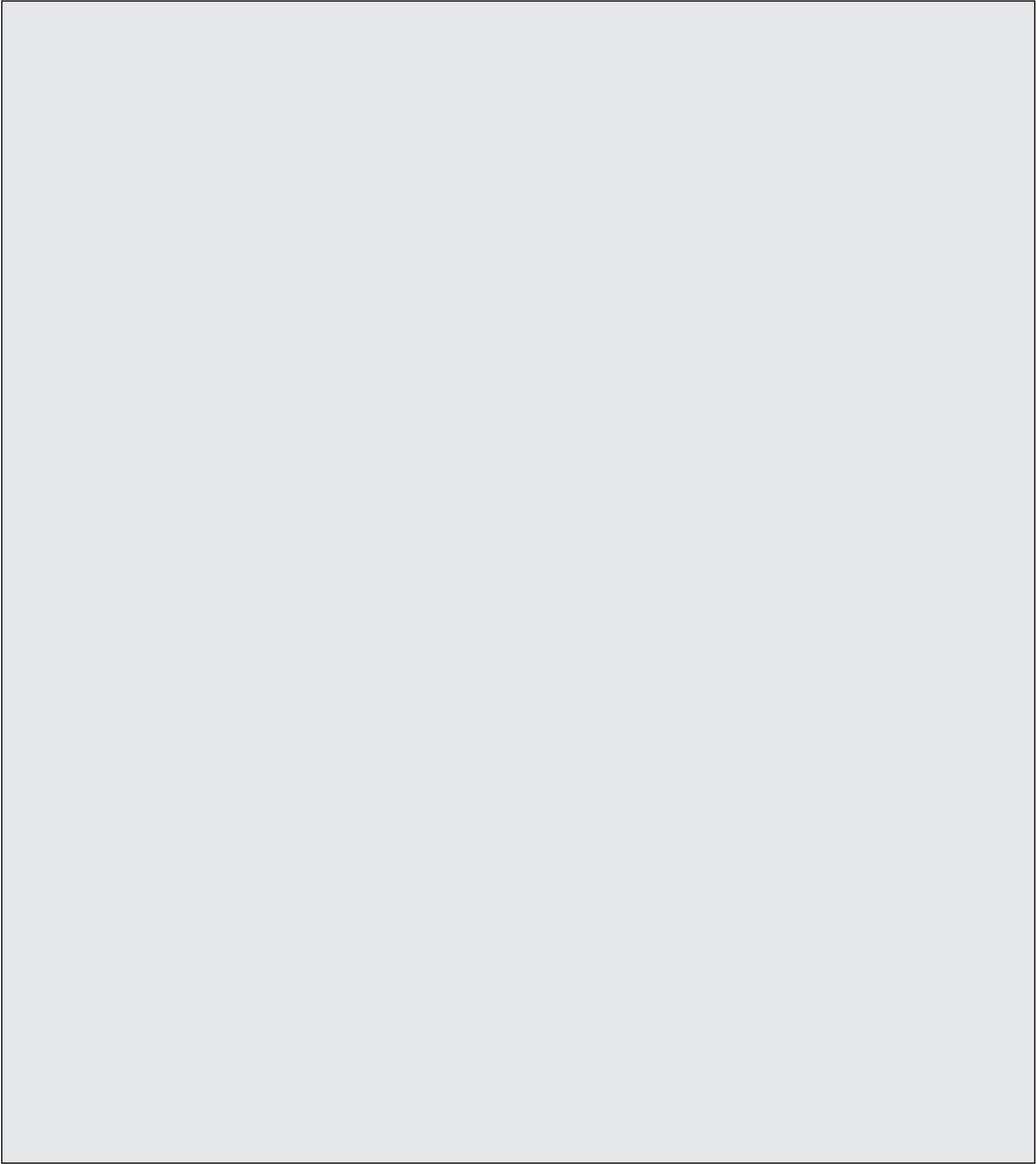
He said his advice to others is this: "Be responsible; don't drink alone. Plan ahead, and if you are going to drink, have a designated driver."

Team Charleston members now have a way to avoid a DUI offense. Call 963-0437 from 10 p.m. to 3 a.m. Friday and Saturday nights for a free, confidential ride home provided by Airman Against Drunk Drivers.











## DOD establishes sexual assault hot line

**WASHINGTON** – The Department of Defense announced March 4 the establishment of a toll-free telephone number for people who want to contact or provide information to the Department of Defense Task Force on Care for Victims of Sexual Assault.

The number, (800) 497-6261, is staffed 9 a.m. to 9 p.m., Mondays through Fridays.

David Chu, undersecretary of defense for personnel and readiness, said the findings of the 90-day review are due by April 30. **(Air Force Print News)**

## Proposed budget boosts housing

**WASHINGTON** – The Defense Department is set to replace all of its substandard military family housing units by 2009, a senior DOD official told a congressional committee March 3.

The proposed fiscal 2005 DOD budget allows the department to stay on track to eliminate nearly all its inadequate military family housing units by fiscal 2007, with complete elimination by 2009.

Out of its \$401.7 billion fiscal 2005 budget proposal, DOD officials are requesting \$4.2 billion to construct, operate and maintain military family housing.

The proposed DOD budget request includes necessary funding to ensure that the typical servicemember living in the private sector will have zero out-of-pocket housing expenses. **(Air Force Print News)**

## Computer-based training available to all

**SCOTT AFB, Ill.** – For Air Force people wishing to further their education, the solution could be just a mouse click away. The U.S. Air Force computer-based training system, located at <http://usaf.smartforce.com>, allows people to supplement major blocks of formal education that may not be a part of an individual's current curriculum.

The complete system is available to all active-duty Airmen, Department of the Air Force civilians,

Air National Guard members and Air Force reservists.

The CBT program offers more than 1,700 courses encompassing both information technology and business skills including: software development; server technologies; database systems; project management; operating systems; Internet and network technologies; desktop computer skills; and budgeting. **(Air Force Print News)**

## Stress levels high among servicemembers

**WASHINGTON** – The 2002 Survey of Health Related Behaviors Among Military Personnel, released March 8, showed that about one-third of the servicemembers who responded to the confidential survey feel stressed-out because of their work. Of these, 19 percent cited deployments and family separations as top stress sources.

More than 40 percent of military

women surveyed reported being under a "great deal" or "fairly large amount" of stress related to being a woman in the military.

The survey revealed that 85 percent of those questioned deal with their stress in positive ways. Many said they talk with others to get advice about issues troubling them, play sports or engage in a hobby.

Despite reporting elevated stress levels, the survey revealed that most servicemembers are happy with their work. An estimated 65 percent of the respondents said they were "satisfied" or "very satisfied" overall with their current work assignment. **(Air Force Print News)**

## Citizenship includes family benefits

**WASHINGTON** – The U.S. government historically has granted posthumous citizenship to non-U.S. citizen servicemembers killed in the line of duty during wartime.

Thanks to a close working relationship between officials at the Defense Department and the Department of Homeland Security, this process is now on the fast track with a goal of presenting an official certificate granting that citizenship at the servicemember's funeral.

And with new provisions in the fiscal 2004 National Defense Authorization Act, the citizenship is no longer simply honorary. It now includes tangible benefits to the deceased servicemember's spouse, children and parents who hope to gain U.S. citizenship.

Officials said they expect the Nov. 2 deadline to be extended.

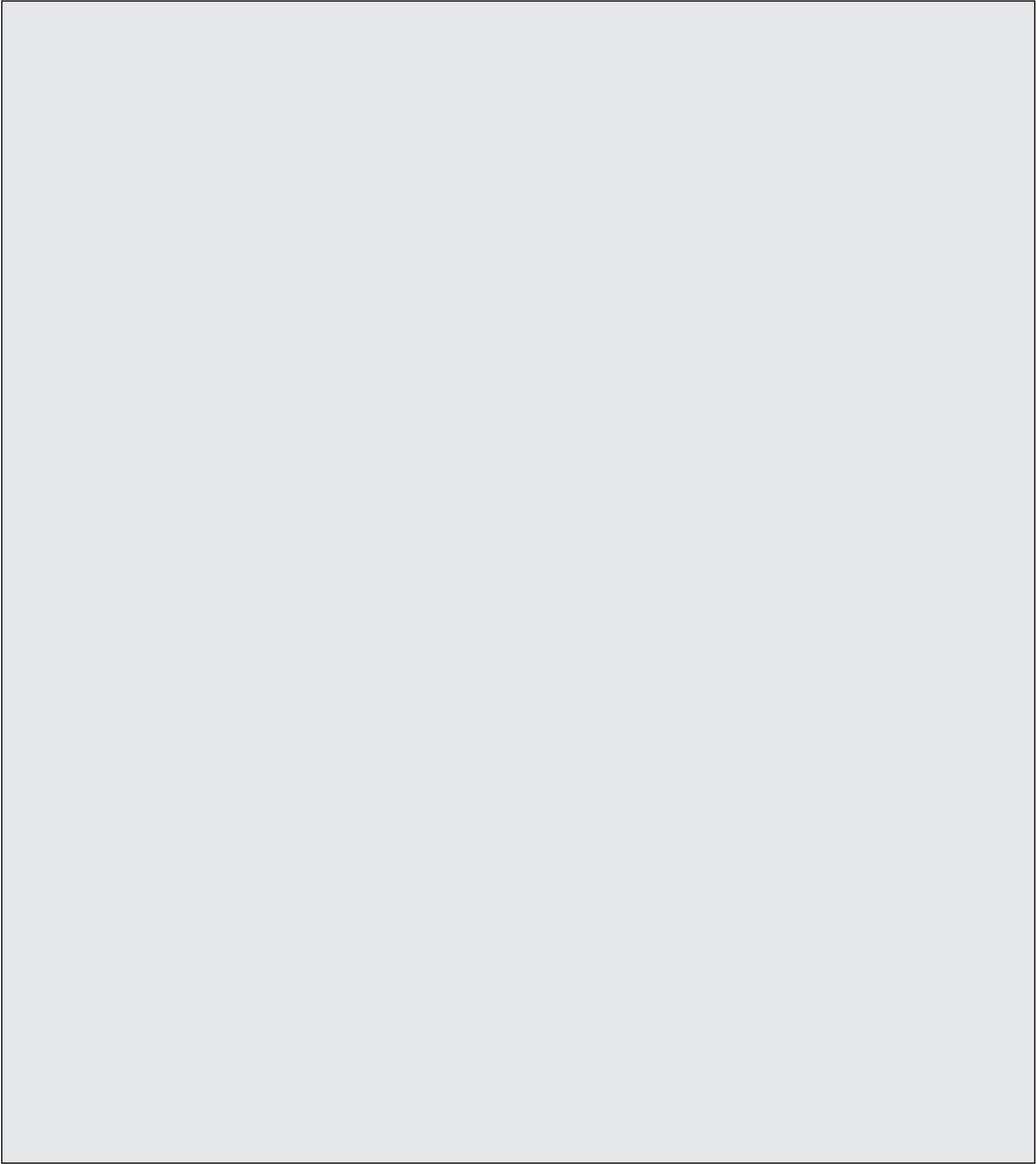
This year's DOD authorization act waives the \$80 application fee families previously had to pay. And for the first time, immediate family members who do not have permanent U.S. resident status may now get it based on the deceased servicemember's newly granted citizenship. **(Air Force Print News)**



Photo by Tech Sgt. Brian Davidson

## Tuning In

Staff Sgts. Vincent Bess (left) and Andre Locust install a radio-communications antenna for a secondary repeater for the security forces squadron at Bagram AB, Afghanistan. Both Airmen are assigned to the 455<sup>th</sup> Expeditionary Operations Group's expeditionary communications flight, and they are deployed from the Cryptologic Systems Group at Lackland AFB, Texas.





## Spotlight

**Retirement:** The 437<sup>th</sup> Maintenance Squadron is hosting a retirement ceremony for Master Sgt. Patrick Goss at 10 a.m. today in Bldg. 60 auditorium. For more information, call Master Sgt. William Rispoli at 963-4694.

**Retirement:** The 437<sup>th</sup> Logistics Readiness Squadron is hosting a retirement ceremony for Master Sgt. Tony Johnson at 10 a.m. March 19 in the LRS auditorium. For more information, call Master Sgt. Paul Valentine at 963-5090.

## Around the base

**Health care council:** The Charleston AFB Health Care Council meeting is at 2 p.m. Thursday at the Charleston Club. The meeting is open to all those who are eligible for military health care. For more information, contact the 437<sup>th</sup> Medical Group managed care office at 963-6702.

**Volunteer positions:** Civilian personnel is looking for three full-time civilian employees to volunteer for a collateral duty assignment as a special emphasis program manager. The three positions are for the Black Employment Program, Hispanic Employment Program and Federal Women's Program. Volunteers can be of any race or gender. For more information, call Sally Simmons at 963-4468 by March 26.

**CGO golf tourney:** The Company Grade Officer Council is sponsoring a golf tournament at 4 p.m. April 2 at the Wrenwoods Golf Course. Registration for the four-

## Charleston Warrior of the Week

### Airman 1<sup>st</sup> Class Jonathan Brooks 437<sup>th</sup> Maintenance Squadron

Airman 1<sup>st</sup> Class Jonathan Brooks is an avionics test station and aircraft component apprentice for the 437<sup>th</sup> Maintenance Squadron. He works in the avionics 'back-shop' where line replaceable units from the flight line come in to be repaired and returned to the supply system. His shop tests and repairs many of the C-17 avionics computers, controls, and associated components. He recently made a 100 percent on his end of course exam for his career development course.

"I get a sense of accomplishment from being able to troubleshoot and repair a unit and return it to service," said Airman Brooks.

The Fredonia, N.Y., native joined the Air Force 19 months ago for a chance to work in a challenging and rewarding career.

Airman Brooks is part of the First Six organization and hopes one day to be a military training instructor at Lackland AFB, Texas.

"Airman Brooks is an outstanding airman, who hit the ground running upon his arrival at Charleston AFB," said Tech. Sgt. Daniel McOmber, 437 MXS. "He has excelled in every task put before him, achieving superior results every time. He possesses a great attitude, applies his educational background to his current job, and sets the standards for his peers to emulate. His 100 percent end of course test is indicative of Airman Brooks' desire to succeed."



Photo by 1<sup>st</sup> Lt. Shaloma McGovern

person team captain's choice tournament is at 2:30 p.m. The entry fee is \$20 plus cart and green fees. For more information, or to sign up call 1<sup>st</sup> Lt. Sean Lewis at 963-2652.

### Catholic Lenten Easter Schedule:

■ The Stations of the Cross soup meal is at 6 p.m. at the base chapel Wednesdays through March 31.

■ The Holy Week mass is at 11:30 a.m. April 7 at the base chapel.

■ There will be a Mass of the Lord's Supper at 6 p.m. Holy Sunday April 8 at the base chapel.

■ There will be a Celebration of the Lord's passion at 3 p.m. Good Sunday April 9 at the base chapel.

■ The Easter Vigil service is 8:30 p.m. April 10 at the chapel.

■ Easter Sunday mass is at 9:30 a.m. April 11 at the base chapel.

### Protestant Lenten and Easter Schedule:

■ The lenten devotions and meal begins at 11:30 a.m. at the base chapel annex Wednesdays until April 7.

■ The Holy Thursday service is at 6:30 p.m. April 8 at the base chapel annex.

■ The Good Friday Service is at noon April 9 at the base chapel.

■ The Easter Sunday sunrise service and breakfast is at 6:30 a.m. April 11 at the base chapel.

■ The Easter Sunday traditional service is at 11 a.m. April 11 at the base chapel.

■ The Easter Sunday contemporary service is at 5 p.m. April 11 at the base chapel.

**Financial training:** Dave Ramsey's Financial Peace University 13 week series on money management will begin at 6:30 p.m. April 15 at the base chapel. For more information, or to reserve a seat, call Joan Hoyte at 207-9611 or [hoyteaj@aol.com](mailto:hoyteaj@aol.com).

## Charleston boasts 12 captain-selects

Twelve Team Charleston first lieutenants received notification of promotion to captain Monday.

The promotees are set to pin on before September 2004. Charleston AFB had a 100 percent selection rate.

**Matthew Carpenter**, 14<sup>th</sup> Airlift Squadron

**David Compton**, 17<sup>th</sup> Airlift Squadron

**Rashid Ghafoor**, 16<sup>th</sup> Airlift Squadron

**Walter Harvey**, 17 AS  
**Alexandra King**, 437<sup>th</sup> Aerial Port Squadron

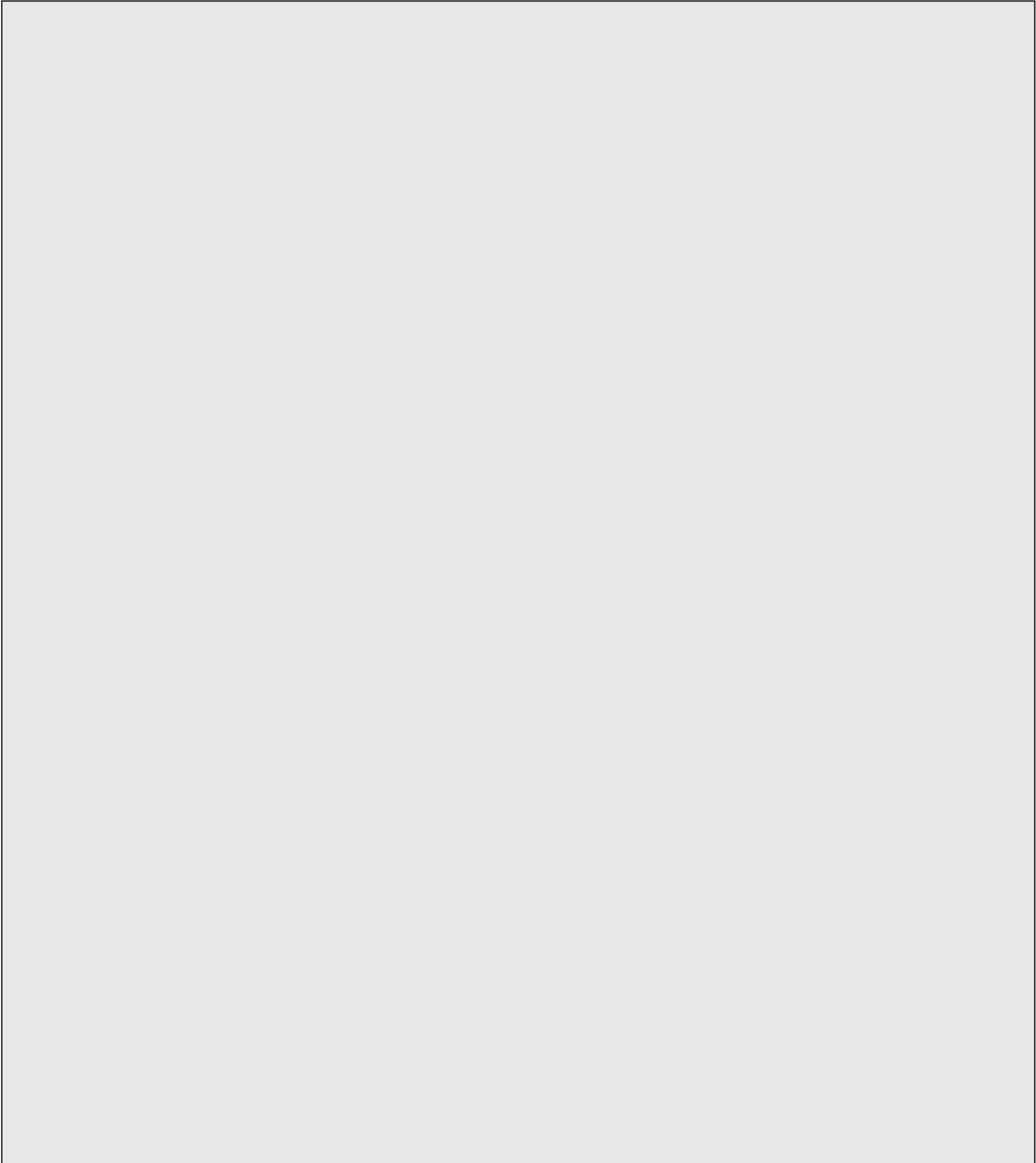
**Anthony Maffini**, 437<sup>th</sup> Aircraft Maintenance Squadron

**William McDowell**, 17 AS  
**Seth Morris**, 437<sup>th</sup> Civil Engineer Squadron

**Philip Poeppelman**, 16 AS  
**Lisa Ryan**, 437 APS

**Derick Seaton**, 437<sup>th</sup> Maintenance Operations Squadron

**Jason Wyen**, 437 CES





# Charleston transports Marines and cargo to **PORT-AU-PRINCE, HAITI**



Photo by Tech. Sgt. Andy Dunaway

Marines with the 3/8<sup>th</sup> Marine Air Contingency Marine Air Ground Task Force, arrive at Port-au-Prince Haiti March 3 aboard a Charleston AFB C-17. Since Feb. 29, Charleston crews have flown 39 missions carrying troops and equipment to Haiti.



Photo by Tech. Sgt. Andy Dunaway

Senior Airman Rick Montonario, 437<sup>th</sup> Security Forces Squadron close-bound sentry, secures the ramp as a C-130 is being offloaded at Port-au-Prince, Haiti, March 3.



Photo by Staff Sgt. Jason Smith

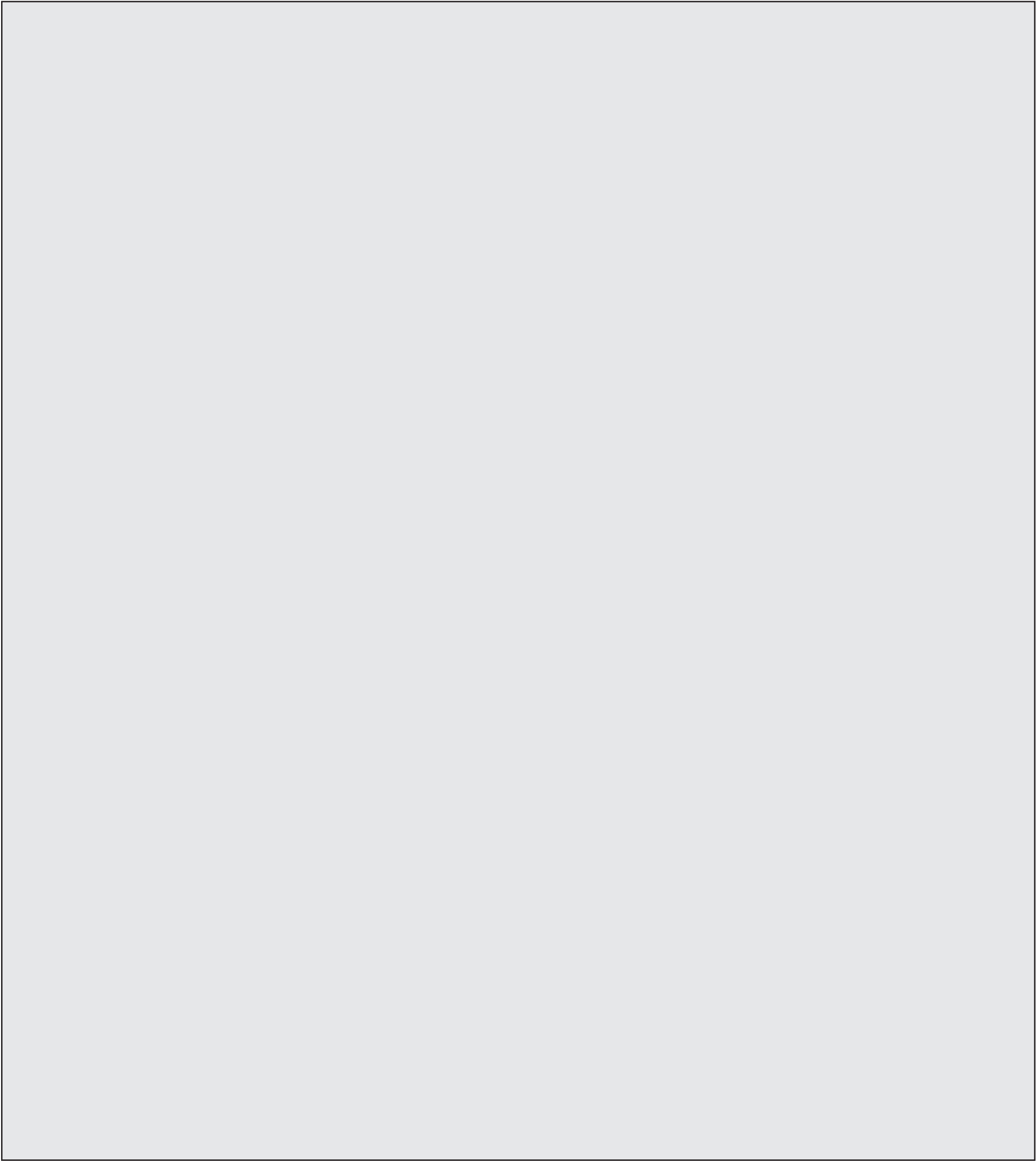
An aircraft marshaller in Port-au-Prince, Haiti, guides in the Charleston C-17.



Photo by Tech. Sgt. Andy Dunaway

Marines with the 3/8<sup>th</sup> Marine Air Contingency, Marine Air Ground Task Force from Camp Lejeune, N.C., rest during a flight aboard a C-17 Globemaster III en route to Port-au-Prince, Haiti, March 3.







# Command Performance

## Financial responsibility: AF can help

By Master Sgt. Janet Osborne

437 LRS first sergeant

Money seems to be the underlying issue for many the problems I deal with as the first sergeant. According to Air Force Instruction 36-2906, Personal Financial Responsibility, it is every member's responsibility to pay their just financial obligations in a proper and timely manner. The way to manage this is to have a budget. Your budget must be written down in order for you to follow it. I know funds are limited, but with a sound budget you can live within your means. Items to include in your budget are: rent, auto insurance, groceries, car payment, clothing, savings and even entertainment.

The good thing is that there are agencies on base that can help. The Family Support Center has a Personal Financial Management Program manager who will sit down with you and help you set up a budget and get your bills under control. They also offer seminars on check book management, investing and car buying among other topics. Some of the local banking institutions also offer free services to their members.

The time is now to get your finances in order. The longer you wait, the more in debt



**Barbara Lang, Family Support Center community readiness consultant, advises a Team Charleston member on financial management practices. The FSC has a wide range of financial assistance available. For more information, call 963-4406.**

you get and the harder it is to get back on track. For more information, call the FSC at 963-4406.

## WELLNESS TIP

### Crossing the 'shin'ish line

#### Shin splints - the No. 1 running-related injury

- Shin splints is caused by chronic inflammation
- A sign of shin splints is tenderness and swelling over the lower half of the shin
- Pain ceases with rest and returns with activity
- Pain is triggered when toes or ankle joint are bent downward
- Treatment: stop running until you're completely pain free; maintain your fitness by cycling, swimming or other low-impact aerobic activity.
- Prevention: footwear matched to foot type
- Replace running shoes at 300 to 500 miles and replace work boots annually
- Avoid uneven surfaces and excessive inclines and declines



SOURCE: AMC Command Surgeon Office

InfoGraphic by TSgt. Mark Diamond

## Chapel schedule



**107 Arthur Drive**  
**Office:** Monday-Friday, 9 a.m. - 4:30 p.m.  
**Phone:** 963-2536.

After duty hours, call the command post at 963-2531 for emergencies only.

**Catholic Services:** Saturday - 4:15 p.m.

Reconciliation, 5 p.m. Mass. Sunday - 9:30

a.m. Mass, 9:30 a.m. Children's Church.

Sacrament of Baptism pre-baptismal classes are held the first Sunday of each month at 11 a.m. in the Chapel Annex. Daily Mass is from 11:30 a.m. Tuesdays through Fridays.

**Protestant Services:** Sunday - 9:30 a.m.

Sunday School, Bldg. 245, 11 a.m. Traditional

Worship Service and 11 a.m. Children's Church.

Sunday - 5 p.m. Contemporary Worship Service.

Wednesday - noon Protestant Bible Study.

**For information on other faith groups, call the Base Chapel at 963-2536.**

## Movie schedule

**Admission:** 99 cents for adults and children.

Any person under 17 years of age requires a parent or adult guardian (a minimum of 21 years old) to purchase an admission ticket for the minor to view R-rated movies. The ticket office opens 30 minutes prior to the start of the movie, unless otherwise noted.

**Movie schedules are provided by AAFES.**



**Patrons should call 963-3333 to verify movie titles, running times and start times, which are subject to change.**

**Today, 7:30 p.m.**

**"The Butterfly Effect" – Ashton Kutcher**

Evan is an emotionally conflicted man dealing with suppressed childhood memories. Cleverly enough, he discovers a way to travel back in time, but his different actions in the past have enormous ramifications for his future. Every time he heads back to fix the problems he's created, things invariably get worse. **(R) 113 minutes**

**Saturday, 7:30 p.m.**

**"Calendar Girls" – Julie Walters**

Chris and Annie are best friends living in a small village in the Yorkshire Dales. Chris enlists the support of her fellow Women's Club members in a fund-raising initiative for the local hospital. Her seemingly traditional idea to produce a calendar had a radical twist; the women will be in the nude. Before they know it, the women are hitting the headlines at home and abroad. Amidst the hype and glamor, the friendship between Chris and Annie is put to the test. **(PG-13) 108 minutes**

**March 19, 7:30 p.m.**

**"You Got Served" – Omari Grandberry**  
**(PG-13) 95 minutes**



## TAE BO MASTER

# Billy Blanks kicks Team Charleston into shape



Billy Blanks, Tae Bo creator, demonstrates a proper kick during his free workout session for Team Charleston March 5 at the Corrosion Control Facility.

*Photos by Tech. Sgt.  
Richard Kaminsky*



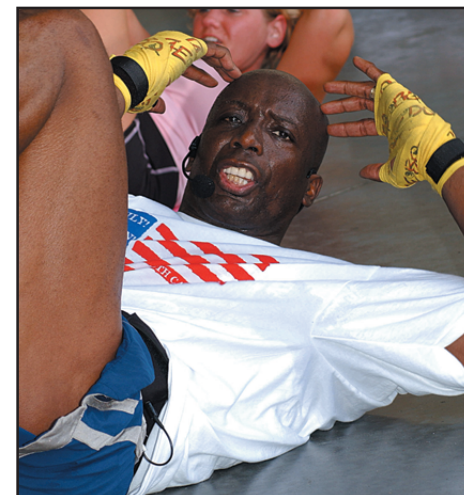
Tae Bo creator Billy Blanks, sporting a Team Charleston shirt, motivates attendees during his free workout session March 5. Mr. Blanks wandered through the crowd during the 45-minute work-out to inspire people to try harder.



Tyrona Pearsall, 437th Communications Squadron, concentrates on a high kick during the workout.



A Team Charleston member boxes Billy Blanks hands during the warm-up in the March 5 Team Tae Bo event in the Corrosion Control Facility.



Billy Blanks shows the proper form for sit-ups during his Tae Bo workout.



